

Live a happy, healthy life

Explore all Thoreau has to offer



Thoreau Club



Physical Therapy



Youth



Fitness



Summer Camp



Junior Tennis



Massage



Swimming



Adult Tennis



Summer

The Thoreau Club
275 Forest Ridge Road
Concord, MA, 01742
978-831-1200
www.thoreau.com

The Thoreau Club



The
Thoreau Club

I'LL MEET YOU AT THE CLUB!

The Thoreau Club Has it All

Our 100,000 sq. ft. wellness facility is a place for you to stay active, make new friends, and to relax. Whether you're looking to get on the tennis court, swim laps in the pool, or get active with one of our group fitness classes, we have something for you!

Services & Amenities Include:

- State of the Art Fitness Facility
- 11 Tennis Courts
- Multiple pools
- Whirl Pool
- Personal and Team Training
- 70+ Weekly Group Fitness Classes
- In-House Physical Therapy
- Tennis Lessons, Teams, Clinics, Flextime®
- Swim lessons, WSI Program, Swim Team
- Massage Therapy
- Childcare & Youth Programs

For more information please email membership@thoreau.com
www.thoreau.com • (978) 831-1200

